

Purition Summer Berry Smoothie Bowl

Ingredients

- 40g Purition Mixed Berry
- 125g yoghurt (we use plain Greek style)
- 125ml your favourite milk
- A handful of berries

Method

1. Add all ingredients to the blender, but save a few berries to use as a topping
2. Blend for 30 seconds, or until smooth
3. Pour into serving bowl or jar
4. Top with chopped berries

Tips & swaps

- No Purition Mixed Berry? Try it with any of the fruity flavours - Cherry Bakewell works super well!
- What type of yoghurt should I use? Greek, natural or coconut will all taste great
- Like it really cold? Use frozen berries, they will give your smoothie a thick and icy texture

