

Purition: Black Cherry & Chocolate Spinach Smoothie Recipe

Ingredients

- 40g or 4 very heaped teaspoons Purition Chocolate
- Handful of pitted black cherries
- Handful of spinach
- 1/3 small banana
- 200-250ml milk or nut milk

Method

1. It's very easy to make, simply combine all ingredients in a blending cup or jug and blitz for about 30 seconds - until the mix is thick and creamy
2. Pour into a glass or Kilner and enjoy straight away!

